



BACK IN THE DAY



Chorégraphe Dan Albro

Description 32 count, 4 murs

Niveau Débutant

Musique Back in the Day - Jessta James (118 bpm)

Intro: 48 Counts

1-8 WALK, WALK, SHUFFLE FWD, ROCK, REPLACE, COASTER STEP

1,2,3&4 Step fwd R, step fwd L, step fwd R, step L next to R, step fwd R

5,6,7&8 Rock fwd L, replace weight on R, step back L, step R next to L, step fwd L

9-16 ROCK, REPLACE, SHUFFLE BACK, BACK, BACK, COASTER STEP

1,2,3&4 Rock fwd R, replace weight on L, step back R, step L next to R, step back R

5,6,7&8 Step back L, step back R, step back L, step R next to L, step fwd L

17-24 JAZZ BOX, JAZZ ¼ TURN

1,2,3,4 Cross R over L, step back on L, step side R, step fwd L

5,6,7,8 Cross R over L, step back on L, turn ¼ right stepping side R, step fwd L

25-32 TOUCH SIDE, CLAP, TOUCH SIDE, CLAP, HEEL, HEEL, KICK, BALL CHANGE

1,2&3,4 Touch R toe to right side, clap, quickly step R next to L, touch L toe side, clap

&5&6 Quickly step L next to R, touch R heel fwd, step R next to L, touch L heel fwd

&7&8 Step L next to R, kick R fwd, step R next to L, step L in place

Se reporter impérativement à la feuille de danse originale du chorégraphe qui seule fait foi.

